

Yoga Pilates Massage

for everyone . . .



STUDIO RATES

REMEDIAL/ THERAPEUTIC MASSAGE

1 hour	from \$70.00
1 1/2 hours	from \$95.00
1/2 hr	\$45.00

KA HUNA (HAWAIIAN) MASSAGE

1 hour	from \$85.00
1 1/2 hours	from \$120.00

SWEDISH/RELAXATION MASSAGE

1 hour	from \$70.00
1 1/2 hours	from \$95.00
Legs - 1/2hr	\$45.00
Back & Neck - 40mins	\$65.00

POLYNESIAN FLOOR MASSAGE

1/2hour before other style of massage	\$45.00
1/2hour on its own	\$45.00

CRANIOSACRAL THERAPY (CST)

1 hour	\$70.00
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REFLEXOLOGY

Foot Treatment including Foot Bath - 1 hour	\$70.00
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BOWEN THERAPY

1st Treatment	\$55.00
Subsequent Visits	\$45.00

EAR CANDLING

Using Hopi Indian style candles - 30mins	\$35.00
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PRIVATE YOGA & PILATES CLASSES

1 HOUR FROM \$70

(STUDENT NUMBERS LIMITED - PLEASE CONTACT KERRI FOR MORE INFO)

MOBILE RATES AVAILABLE ON REQUEST

for bookings or enquiries please phone **Kerri Wild - member SYTA & ATMS**

T 4455 6600 • Kerri 0418 429988 • Tony 0412 785997

www.yogaandmassage.com.au

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